

WHAT IS CLAIMED IS:

- 1 1. A portable device comprising:
 - 2 an attachment module for removably connecting to a wearer;
 - 3 a display module defining a window for displaying information, wherein said display module
 - 4 is extendably and retractably connected to said attachment module.
- 1 2. The device according to claim 1 wherein:
 - 2 said display module has a front cabinet, a rear cabinet, and a top cover; and
 - 3 said top cover defines a window for displaying information.
- 1 3. The device according to claim 1 further comprising:
 - 2 a button for illuminating a light acting on said information displayed in said window.
- 1 4. The device according to claim 1 further comprising:
 - 2 a button for changing a display mode of said information displayed in said window.
- 1 5. The device according to claim 1 wherein said information is displayed on an LCD display.
- 1 6. The device according to claim 1 wherein said window for displaying information is visible
 - 2 through said top cover.
- 1 7. The device according to claim 1 wherein:

2 one of said display module and said attachment module define a protrusion;

3 one of said display module and said attachment module define a receptacle shaped for mating
4 engagement with said protrusion, said protrusion and said mating receptacle for substantially
5 preventing relative movement between said display module and said attachment module when said
6 display module and said attachment module are in a retracted position.

1 8. The device according to claim 1 wherein:

2 said display module defines a pair of line orifices for receiving a first cable and a second
3 cable, wherein said first cable and said second cable retractably connect said display module and said
4 attachment module.

1 9. The device according to claim 1 wherein:

2 one of said display module and said attachment module houses a spool for housing a cable
3 when said display module and said attachment module are in a retracted position; and
4 said spool is biased in a winding direction by a biasing member.

1 10. The device according to claim 9 wherein:

2 said spool simultaneously retracts or plays out a first cable and a second cable; and
3 wherein said first cable and said second cable connect said display module and said
4 attachment module.

1 11. A method of viewing a display of a portable device:

2 securing an attachment module to a wearer;
3 grasping a display module and imparting a separating force to said display module to pull
4 said display module away from said attachment module;
5 playing out a line connecting said attachment module and said display module;
6 viewing a display on said display module; and
7 taking up said played out line upon returning said display module to a position proximate said
8 attachment module wherein a biasing force maintains said display module in proximity to said
9 attachment module when said display module is released by said wearer.

1 12. The method according to claim 11 wherein said step of playing out a line further comprises
2 playing out two lines simultaneously.

1 13. The method according to claim 11 further comprising a step of substantially preventing relative
2 lateral motion between said attachment module and said display module by engaging a protrusion
3 on one of said attachment module and said display module with a receptacle on one of said
4 attachment module and said display module wherein said protrusion and said receptacle engage in
5 a mating relationship when said attachment module and said display module are in a retracted
6 configuration.